

Download Instructions

All of these programs are contained within ZIP folders. This is so multiple files can be downloaded at once. But the zip folder must be “unzipped” in order to listen to and read these programs. Many computers already have a program that “unzips” these folders. However, not all phones and tablets have an unzip programs by default

For android phones and tablets, [WinZip](#) is highly rated.
For Apple phones and tablets, [iZip](#) is a common program.

For Windows computers, [here's help from Microsoft](#).
For Mac computers, [here's a helpful article](#).